

Breakfast

(served 9am – 3pm)

Omelette - Light and fluffy, filled with any 3 of the following (extra fillings are 60p each); Cheese, Sausage, Bacon, Onion, Mushroom, Tomato, Pepper, Smoked Salmon	£6.45
Smoked Salmon and Scrambled Eggs - Served on white or granary toast	£6.50
On Toast - Two slices of hot buttered toast topped with one of the following; Beans, mushrooms, cheese, or eggs (choice of poached, fried or scrambled)	£4.75
Eggs - Poached egg and hollandaise sauce served on a toasted muffin in your favourite style	
Benedict – Serrano ham	£6.25
Royale – smoked salmon	£6.50
Florentine – wilted spinach	£6.00
Rolls – Hot buttered ciabatta filled with your choice of breakfast meats	
Bacon - 3 rashers of bacon	£4.25
Sausage - 3 sausages	£4.25
Bacon and sausage - 2 of each	£4.70
	Add mushroom, egg or tomato for 60p
Toast (v) - Two thick slices of hot buttered toast; white, granary, or a slice of each. Served with your choice of jam, marmalade, peanut butter, honey, or marmite	£2.00
Toasted Teacake (v) - Served buttered with a choice of jam, marmalade, or honey	£2.00
Croissants (v) - Served with butter and a choice of jam, marmalade, or honey	£2.00
Granola Sundae (v) - Frozen yoghurt, granola, berry compote, and honey	£4.00
French Toast - with berry compote and honey (v)	£4.75
- with bacon and maple syrup	£5.00

English Fry-Ups

Big English - Two sausage, two bacon, beans, grilled tomato, mushrooms, two hash browns and two eggs (choose poached, fried, or scrambled)	£7.50
Baby English - Just as tasty as the Big English but one of each item (choice of poached, scrambled, or fried eggs)	£5.75
Big Vegetarian (v) - Grilled tomato, two hash browns, beans, mushrooms and two eggs (choose poached, fried, or scrambled)	£6.45
Baby Vegetarian (v) - The same as the Big Vegetarian but on a slightly smaller scale	£5.00
Want a little extra...? Add two slices of thick buttered toast	£1.00
Add black pudding	75p
Add fried bread	50p

• Please allow reasonable cooking time for all dishes •

Lunch

(served 11.30am – 3pm)

Soup - There is choice of two soups made fresh each day, see the blackboard for today's choices

Starter	£3.50
Regular	£4.50
Bowl of Both (in starter sizes)	£4.50

Soup and Sandwich - A starter sized bowl of soup (see the blackboard for today's choices) served with your choice of any of our "Old Faithful" sandwiches (see below) £8.00

"Old Faithful" Sandwiches and Wraps

Served on white or granary bread or a tortilla wrap with a dressed salad and crisps (upgrade crisps to chips for £1). Choose from:

Roast Ham	Egg Mayonnaise (v)
Tuna Mayonnaise	Grated Mature Cheddar Cheese (v)
Prawn Marie Rose	Coronation Chicken
Cheese Savoury (v)	Chicken, Bacon, and Mayo
	All £5.80

Continental Sandwiches

All served with a dressed salad and crisps (upgrade crisps to chips for £1)

BBQ Chicken and Mozzarella Baguette - Strips of chicken cooked in a Texan BBQ sauce topped with melted mozzarella cheese £7.50

Hot Cajun Chicken Ciabatta - Butterflied chicken breast with a hot and spicy Cajun marinade, pan seared and served on a warm ciabatta with crisp salad leaves and a mayonnaise dip £8.00

Lemon Chicken Salad – Butterflied chicken breast with lemon and herb marinade, pan seared and served on a warm ciabatta with crisp salad leaves £8.00

Hot Mango Deli - Sliced Serrano Ham, Salami, Gherkins, Emmental Cheese, with Dijon mustard mayonnaise and salad leaves in a rustic ciabatta £7.25

BLT - Bacon, lettuce, tomato, and mayonnaise served on toasted white or granary bread £6.50
(Make it a **Club Sandwich** and add chicken for £1)

Roasted Vegetable and Goat's Cheese Ciabatta (v) - Served warm on a rustic ciabatta £7.00

Steak and Caramelised Red Onion Ciabatta - Served on a warm ciabatta with mustard mayo £8.00

Panini - Served with dressed salad and crisps (upgrade crisps to chips for £1)

Brie and Caramelised Red Onion (v)	£7.75
Sundried Tomato, Red Onion, Pesto and Mozzarella Cheese (v)	£7.75
Tuna and Cheese Melt	£7.75
Slow Cooked Pulled Pork, Emmental Cheese and Mustard Mayonnaise	£8.00
Chicken, Bacon and Mature Cheddar Cheese	£8.00
Slow Roasted Shin Beef, Horseradish mayonnaise and Rocket	£8.00

• Please allow reasonable cooking time for all dishes •

Main Meals

Lunch Platter - Your choice of the following served with a dressed salad and warm ciabatta bread;
Prawn Marie Rose, Smoked Salmon, Serrano Ham, Salami, Roast Ham, Hummus,
Marinated Olives, Sundried Tomatoes, Marinated Grilled Halloumi Cheese

Choose 3	£8.50
Choose 4	£9.00

Lemon Chicken Salad - Butterflied chicken breast marinated in lemon and herb oil, pan fried and served on top of dressed leaves and herb croutons

	£8.50
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Nachos - tortilla chips with mature cheddar cheese served with sweet chilli sauce	£6.50
- pulled pork, mature cheddar cheese served with spiced plum chutney	£7.50
- chilli beef, mature cheddar cheese served with soured cream	£7.50

Grilled Halloumi Skewer – Halloumi marinated in lime, chilli and coriander. Skewered with peppers and red onions, served with a dressed salad and a tortilla wrap

	£7.50
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Roasted Vegetable Lasagne – served with crisp garlic ciabatta and a dressed salad

	£8.50
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Beef Lasagne – served with crisp garlic bread and a dressed salad

	£8.50
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Ham Egg and Chips - Roast ham, fried eggs, hand cut chips served with a dressed salad

	£9.50
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Wholetail Scampi - Served with homemade tartar sauce, hand cut chips and a dressed salad

	£9.50
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Jacket Potatoes - Oven baked jacket potatoes served with a generous helping of one of the following fillings and a dressed salad

Tuna Mayonnaise, or Mature Cheddar Cheese (v), or Baked Beans (v)	£6.50
Grated Mature Cheddar Cheese and Beans (v), or Prawn Marie Rose, pulled pork, chilli beef..	£7.50

Side Orders

Chips - Home cut thick chips, crisp on the outside and fluffy on the inside	£2.00
Cheesy Wedges - Big potato wedges smothered in mature cheddar cheese	£3.00
Dressed Side Salad - Fresh salad leaves with lots of interesting extras	£2.00

Children's Meals

Mini Platter	£6.00
Choose 3 of the following (served with a salad garnish and warm ciabatta bread) Prawn Marie Rose, Smoked Salmon, Serrano Ham, Salami, Roast Ham, Hummus, Marinated Olives, Sundried Tomatoes, or Marinated Grilled Halloumi Cheese	
Scampi, chips and peas	£5.00
Sausage, chips and beans	£5.00
Chicken nuggets, chips and beans	£5.00
Children's Sandwiches - Cheese, Tuna Mayo, Egg Mayo, Ham, or Jam. Served with plain crisps, a salad garnish, fruit and a chocolate treat. Choose white or granary bread.	£4.50

Hot Drinks

Coffee

Our coffees are based on a single espresso shot, for a bigger coffee hit and an extra rich flavour ask for an extra shot (65p). De-caff and soya milk are also available for all of our coffees.

Espresso - One shot on its own	£1.50
Double Espresso - A double hit	£2.00
Cappuccino - Coffee, steamed and foamed milk, dusted with cocoa	£2.20
Americano - A shot of espresso topped up with water. Ask for hot or cold milk ..	£1.90
Flat White - hot micro foam milk folded into a shot of espresso	£2.20
Latté - Tall and milky	£2.20
Mocha - A blend of espresso, steamed milk and your choice of dark chocolate sauce or sweet white chocolate sauce ...	£2.70
Flavoured coffees - Add a sweet syrup! Choose from Hazelnut, Caramel, Vanilla, Cinnamon, Gingerbread, Honeycomb, or Peppermint	£0.60

Hot Chocolate & Steamers

Flavoured Milk Steamer - Steamed milk with a shot of either Hazelnut, Caramel, Vanilla, Cinnamon, Gingerbread, Honeycomb, or Peppermint	£2.00
Hot Chocolate - Rich and chocolaty made with steamed milk	£2.95
(Add any of the above syrups for 60p!)	

Tea

Choose from our range of traditional or caffeine free teas **all** £1.60

Everyday

De-caff

Earl Grey - A delicate, bergamot flavour

Assam - Rich, deep and amber in colour

Green Tea - A natural antioxidant

Lapsang Souchong - Black and smoky

Blueberry and Apple

Strawberry and Mango

Pomegranate and Raspberry

Peppermint

Camomile

Cold Drinks

Water and Juices

Mineral Water (250ml bottle) - Still or Sparkling	£1.50
Orang Juice	£1.50
Apple Juice	£1.50
Frobishers Cranberry juice	£2.00
Frobishers Mango Juice	£2.00
Frobishers Bumbleberry Juice	£2.00

Smoothies and Milkshakes

Iced Smoothie - Berry, Mango, or Strawberry	£2.70
Ice Cream Milkshake - Chocolate, Strawberry, Vanilla, or banana	£2.50

Fizzy Drinks

Sparkling Elderflower Pressé	£2.00
Appeltize	£2.00
Raspberry and Ginger Beer	£2.00
Fentiman's Traditional Lemonade	£2.20
Fentiman's Dandelion and Burdock	£2.20
Fentiman's Cherry Tree Cola	£2.20
Fentiman's Ginger Beer	£2.20
Coca-Cola (330ml bottle)	£1.80
Diet Coke (330ml bottle)	£1.80
Sprite (330ml can)	£1.50

Children's Drinks

All served in an open plastic beaker	
Squash - Blackcurrant or Orange	£0.75
Milk	£1.50
Flavoured Milk - Chocolate, Strawberry, or banana	£1.80

Take Away Menu Also Available

We offer both collection and delivery take away services. **Tel: 01229 584 866**

Collection - Call ahead to save time and collect your food when it suits you.

Delivery - The Hot Mango offers a lunchtime delivery service for local businesses spending over £10 per venue.

Ask your server for more details.